

LGBT and Non-Binary Information

We are here to listen to suggestions and feedback from our LGBT patients on their experiences with us. What are we doing well? How can we continue to develop? Please let us know.

We are proud to have you as our patient.

Useful Contact Information

LGBT Foundation's contact details:

Phone: 0345 3 30 30 30

Website: <https://lgbt.foundation/>

Outhouse East, based in Colchester, offers:

- LGBTQ+ awareness sessions
- Weekly Youth Group for 13 - 20 year olds
- Monthly Trans Parents Support Group
- Regular Social Groups
- Affordable on-site counselling

Visit their website: <http://www.outhouseeast.org.uk/>

NHS Screening Programmes

Trans patients may not be invited to routine screenings and can miss out on important health checks.

Please ask a nurse to see if you're due a screening and book an appointment to discuss how we can make your screening most comfortable for you.

For information on **screening programmes** for trans and non-binary people please see attached document.



Gender Recognition Act 2004

The 2004 Gender Recognition Act (GRA) makes it a criminal offence to disclose an individual's transgender history to a third party without their written consent if that individual holds a Gender Recognition Certificate (GRC). Patients do not need to show a GRC or birth certificate in order for the GRA 2004 to be in effect, so it is best practice to act as though every trans patient has one. This means always obtaining a trans patient's written consent before sharing details about their social or medical transition, sometimes also called gender reassignment, with other services or individuals. This includes information such as whether a patient is currently taking hormones or whether they have had any genital surgery, as well as information about previous names or the gender they were given at birth. Consent should always be obtained before information relating to the patient being trans is shared in referrals and this information should only be shared where it is clinically relevant, e.g. it would be appropriate when referring a trans man for a pelvic ultrasound but not when referring him to ENT.