

Oxford Hip Score

Clinician's name (or ref)

Patient's name (or ref)

Please answer the following 12 multiple choice questions.

During the past 4 weeks.....

1. How would you describe the pain you usually have in your hip?

- None
- Very mild
- Mild
- Moderate
- Severe

2. Have you been troubled by pain from your hip in bed at night?

- No nights
- Only 1 or 2 nights
- Some nights
- Most nights
- Every night

3. Have you had any sudden, severe pain (shooting, stabbing, or spasms) from your affected hip?

- No days
- Only 1 or 2 days
- Some days
- Most days
- Every day

4. Have you been limping when walking because of your hip?

- Rarely/never
- Sometimes or just at first
- Often, not just at first
- Most of the time
- All of the time

5. For how long have you been able to walk before the pain in your hip becomes severe (with or without a walking aid)?

- No pain for 30 minutes or more
- 16 to 30 minutes
- 5 to 15 minutes
- Around the house only
- Not at all

7. Have you been able to put on a pair of socks, stockings or tights?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

8. After a meal (sat at a table), how painful has it been for you to stand up from a chair because of your hip?

- Not at all painful
- Slightly painful
- Moderately painful
- Very painful
- Unbearable

9. Have you had any trouble getting in and out of a car or using public transportation because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme difficulty
- Impossible to do

10. Have you had any trouble with washing and drying yourself (all over) because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme difficulty
- Impossible to do

11. Could you do the household shopping on your own?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

6. Have you been able to climb a flight of stairs?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

12. How much has pain from your hip interfered with your usual work, including housework?

- Not at all
- A little bit
- Moderately
- Greatly
- Totally

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The Oxford Hip Score is: **Grading for the Oxford Hip Score**

Score 0 to 19 May indicate severe hip arthritis. It is highly likely that you may well require some form of surgical intervention, contact your family physician for a consult with an Orthopaedic Surgeon.

Score 20 to 29 May indicate moderate to severe hip arthritis. See your family physician for an assessment and x-ray. Consider a consult with an Orthopaedic Surgeon.

Score 30 to 39 May indicate mild to moderate hip arthritis. Consider seeing you family physician for an assessment and possible x-ray. You may benefit from non-surgical treatment, such as exercise, weight loss, and /or anti-inflammatory medication

Score 40 to 48 May indicate satisfactory joint function. May not require any formal treatment.

Reference for Score: Dawson J, Fitzpatrick R, Carr A, Murray D. Questionnaire on the perceptions of patients about total hip replacement. J Bone Joint Surg Br. 1996 Mar;78(2):185-90. [Link](#)

Reference for Grading: [Link](#)

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